## SUPPORT SERVICES

## BULLING. NO WAT!

A website to assist students, parents and teachers to make informed responses to bullying and harassment in the school environment

www.bullyingnoway.gov.au



Free information and support to help address depression, anxiety and related mental health issues.

www.beyondblue.org.au Phone: 1300 22 46 36



Free, private and confidential, phone and online counselling service for young people aged between 5 and 25.

www.kidshelp.com.au Phone: 1800 55 1800



24/7 crisis support and suicide prevention services.

www.lifeline.org.au Phone: 13 11 14



National Youth Mental Health Foundation providing information and services for young people going through a tough time

www.headspace.org.au